**Keynote Speaker**

**Alberto Caban-Martinez**, DO, PhD, MPH, CPH, is an instructor and chief research fellow in the Harvard School of Public Health's Environmental & Occupational Medicine and Epidemiology Program. Focusing on ergonomic and occupational risk factors that lead to musculoskeletal disorders and arthritis, he is developing an interdisciplinary and collaborative program of research in occupational health with an emphasis in the assessment and prevention of musculoskeletal disorders. In addition to the keynote address, he will also give a special session on the aging workforce.

**Keynote Address: Evidence-based Prevention of Musculoskeletal Disorders in the Aging Work Force**

This session will cover work-related musculoskeletal disorders (MSDs) in older workers due to decreased functional capacity along with an update from scientific literature about the effect of evidence-based workplace ergonomic interventions for preventing work-related MSDs among older workers.

**Special Session: Leveraging the Total Worker: Health Framework for an Aging Work Force**

This session will cover issues related to the aging workforce, including barriers to integrating health protection, promotion programs, and recommendations for practices to maximize contributions made by aging workers.

**Session A: What's the 411 on Health Disparities Affecting Diverse Senior (65 and older) Populations**

This session will cover health disparities in conjunction with access to care and gap issues for seniors from diverse backgrounds. The importance of health care will be identified. Lastly, the session will discuss ways to improve health care outcomes for seniors from diverse backgrounds.

**Linda Thomas**, MS, is the director of the Office of Minority Health for the Oklahoma State Department of Health and has more than 18 years of education and experience in public health administration, principles, and policy. She holds a Master of Education in Adult Education and Sociology from the University of Central Oklahoma.

**Session B: Ethical Considerations in the Care of Elders**

This session will cover operating principles for health policy, factors to consider when working with persons who are 60 years of age and older, and an explanation of some of the expectations of seniors. It will also include information on the role of caregivers and contemporary models of care.

**Jean Root**, DO, MPH, received a Bachelor of Nursing degree from the University of Tulsa in 1974, her Doctor of Osteopathic Medicine degree in 1982 and her Master of Public Health Degree in 1992. The primary focus of her 26-year career has been in geriatric medicine. She has served as faculty at Oklahoma State University's College of Osteopathic Medicine and the University of Oklahoma's College of Medicine in Tulsa.

**Session C: Affordable Care Act and the Aging Population**

This session will cover the difference between the Affordable Care Act's effect on health insurance in the U.S., health care delivery, and the impact of both the aging population. She will also describe implications for reducing costs, increasing quality care and addressing health outcomes for the future of health care.

**Jan Figart**, MS, ABD, is a doctoral candidate in Health Administration from the University of Phoenix. She has a Master of Science in Nursing from the University of Oklahoma and a Bachelor of Science in Nursing from Langston University. She is currently the associate director and senior planner in Maternal and Child Health at the Community Service Council of Greater Tulsa, Inc.

**Laura Ross-White**, MSW, is working in the field of community planning at the Community Service Council of Tulsa, where she is focused on bringing high level education to the greater Tulsa community in preparation of total health care transformation. She is a graduate of the University of Oklahoma, Master of Social Work Program and holds Bachelor of Social Work and Bachelor of Arts in Developmental Psychology.

**Session D: Know Your Enemy: Aging and Arthritis**

This session will cover the latest thinking on NSAID drugs and treatment guidelines recommended by the American College of Rheumatology. It will also cover expected changes of the musculoskeletal system as you age and how to minimize the negative effects of aging. The most common types of arthritis diseases and how to manage them as well as some conditions that occur exclusively in the elderly will be discussed.

**William Schnitz**, MD, has been in private practice as a rheumatologist in Oklahoma City since 1995. He graduated from the University of Oklahoma College of Medicine in 1987 where he also completed his residency in 1990. He held a Rheumatology Fellowship at the Oklahoma Medical Research Foundation under the tutelage of Morris Reichlin, MD.