

WELLNESS: BUILDING CAPACITY FOR TOMORROW'S OLDER ADULTS

September 24, 2015

7:30 a.m. – 6:15 p.m.

Oklahoma State University Tulsa
Tulsa, OK

Conference Goal: Linking Gerontology and Geriatrics (LGG), supported by the Center for Family Resilience (CFR), is excited to partner this year with the National Association of PASRR Professionals (NAPP), the National Association of State Mental Health Program Directors-Older Persons Division (NASMHPD/OPD), and the PASRR Technical Assistance Center (PTAC). Our goal is to integrate cutting-edge research, emerging issues, and best-practices surrounding older adults' mental and physical health to ensure high quality of life for all of tomorrow's older adults. To accomplish this goal, the conference planning committee assembled a team of national, regional, and local experts in diverse areas of research and practice to discuss and disseminate topics surrounding pathways of wellness for older adults.

To accomplish this goal, the conference will assemble a team of national, regional, and local experts in diverse areas of research and practice to discuss and disseminate topics surrounding pathways of wellness for older adults. For this upcoming conference, participants who actively engage in all aspects of the conference, participants will be able to:

- Identify the capacity of the health care delivery system to respond to the aging tsunami and responsibilities of informal caregivers (e.g., capacity issues, vision impairments, caring for persons with special needs, workforce issues, new initiatives, etc.);
- Describe the impending health status of the diverse aging population and the responsibilities of informal caregivers (e.g., demographics of aging, physical health, cognitive maintenance, special concerns of individuals with intellectual and developmental disabilities who are aging, psychiatric disorder and other mental health issues, clinical and non-clinical care issues);
- Describe cutting-edge models of clinical and community health care for older adults (e.g., health literacy, alternatives approaches to mental health delivery, peer support, etc.); and
- Report on services and innovations for physical and mental health screenings, referrals, and case management (e.g., clinical practice, health care options, and results oriented).

Target Audience: The conference is designed for health care, social science and other professionals, and family and community members working with seniors (65+).

Open to the Public. Participants may attend one or all sessions.

The University of Oklahoma College of Nursing and Oklahoma State University is an approved provider of continuing nursing education by the Colorado Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Certificate #UOC-0616, Organization approval Expires: June 30, 2016

CEU Available for: Nursing, MSW/LCSW, LPC, LMFT, LADC, & CFLE.

PENDING: OT & PT

The Linking Gerontology and Geriatrics Advisory Committee has no financial relationship to disclose.

SPEAKER	TITLE	SPEAKER PROFILE	HRS
<p>Eugene Hoyt, MD, JD, FACS,</p> <p>Dan Timmel, CMS, BS</p> <p>TIME: 8:00 am</p>	<p>WELCOME & OVERVIEW OF THE OALS AND LINKING GERONTOLOGY AND GERIATRICS ACTIVITIES - Dr. Hoyt</p> <p>OVERVIEW OF PASRR - Mr. Timmel</p>	<p>Dr. Eugene Hoyt Eugene M Hoyt, JD, MD, FCLM has had careers in both Law and Medicine. He has distinguished himself as an Oklahoma Assistant Attorney General and US Air Force Judge Advocate. He was admitted before the Supreme Court of the United States. As a Medical Professor and Educator at Emory University and the University of Texas, as well as a Medical Director at the prestigious Methodist Hospital in the Texas Medical Center, he has mentored medical students and advanced medical practitioners. He currently serves as the Medical Director of the Sac and Fox Nation and as a Regional Medical Director of the Oklahoma State Department of Health. His lectures in Law and Medicine have been attended by National and International medical and legal audiences.</p> <p>Dan Timmel, LCSW, BS began his career practicing clinical social work and faculty appointment at the University of Maryland School of Medicine. In addition to a focus on the well-being of special populations, Mr. Timmel worked to improve maternal and child health systems in Maryland at the state and county level. Dan Timmel came to CMS in 2002 to Medicaid long term care policy in the Disabled and Elderly Health Programs Group. At CMS he is responsible for coverage policy for the Medicaid institutional LTC benefits, and the Preadmission Screening and Resident Review (PASRR) program for nursing facilities. He also contributes to policy development for 1915(c) home and community based services waivers and 1915(b) managed care waivers and developed various HCBS regulations, including for the 1915(i) State Plan home and community based services benefit. Timmel also is working with the team to develop a fully functional Medicaid and CHIP information system.</p>	<p>0.5 hr</p>

SPEAKER	TITLE	LEARNING OBJECTIVES	DESCRIPTION	SPEAKER PROFILE	HRS
Barbara Speedling, BS TIME: 8:30 am	KEYNOTE: <i>Creatively Achieving a Meaningful and Satisfying Life: PASRR Evaluations and Recommendations That Matter</i>	Participants will be able to: <ol style="list-style-type: none"> Describe the concept of culture change and the expectations of regulators and consumers with regard to applying these principles, particularly as applied to populations with special needs; Define the scope of responsibility to ensure all residents are appropriately screened and accommodated for special needs; Create person-centered, innovative interventions as alternatives to pharmacologic remedies in response to the behavioral health needs of the populations served; and Develop leadership and organizational systems that will support an ongoing path to achieving and sustaining quality of care and quality of life for all those served. 	This session offers an overview of the culture change movement, the primary principles of this ideology, and how this national perspective impacts the expectations of regulators and consumers with regard to individuals with special needs. The discussion focuses on the nature of community and what makes a community attractive and comfortable to potential residents. The national initiative to reduce the use of psychotropic medications in behavioral health will also be discussed as it relates to PASRR compliance and person-centered care. We will explore the social barriers to more creative, person-centered alternatives and discuss techniques to overcome those challenges.	Barbara Speedling, BS, Quality of Life Specialist , is a New York based quality management consultant who provides education and training long-term care providers in the development of programs and services to meet a broad range of behavioral health needs. In keeping with the core values of person-centered care, Barbara works closely with providers to evaluate and develop individualized approaches to the behavioral and psychosocial needs of those impacted by Alzheimer’s disease, mental illness, and developmental disabilities.	1 hr

SPEAKER	TITLE	LEARNING OBJECTIVES	DESCRIPTION	SPEAKER PROFILE	HRS
<p>Lee Hyer, PhD</p> <p>TIME: 9:30 am</p>	<p>Special Session: Special Impact of Cognition in the Holistic Care among Older Adults</p>	<p>Participants will be able to::</p> <ol style="list-style-type: none"> Identify and explain diagnoses and treatment of the clinical constructs of cognitive decline. Explain problems with current systems of care for older adults. Describe a holistic model of the assessment and care for older adults with representative cases. Illustrate the co-importance of four domains along with cognition in understanding later life problems. Highlight the value of caregiving and family. 	<p>Health problems at late life require a chronic and relapsing model of care. Given this problem state, a model of holistic care for older adults, the Watch and Wait model, was recently developed and is outlined. Arguments for this model, its five core components, and related treatments are presented. Cognitive decline is a core problem of this model and is emphasized. This includes measurement and treatment. The importance of central cognitive constructs, principally subjective memory impairment, mild cognitive impairment, and dementia is targeted. Updated information on dementia, especially is discussed. Cases explaining the holistic model are presented. Caregiving and psychosocial adjustment also are emphasized.</p>	<p>Dr. Lee Hyer has been involved with the phenomenology of older adults for almost 40 years. He is currently a Professor of Psychiatry at Mercer School of Medicine. Previous professorships have been at UMDNJ-Robert Wood Johnson and Rutgers and the Medical College of Georgia. He has a PhD in clinical psychology and several post-doctoral fellowships including one at the Center for Aging and Human Development, Duke University, School of Medicine. He is the author of over 200 journal articles and book chapters, as well as authored of older adults, including dementia. Currently he is working on his fifth book on a holistic model care for older adults.</p>	<p>1</p>

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<p>Dan Timmel, BS, LCSW</p> <p>Edward Kako, PhD, MSc</p> <p>TIME: 11:00 am</p>	<p>BREAKOUT SESSION A – OPTION 1: Nuts and Bolts of PASSR</p> <p>Consultation Time from 12:00 to 12:30</p>	<p>Participants will be able to:</p> <ol style="list-style-type: none"> Explain the basics of how PASRR works; Explain the use of Level I Screens and Level II Evaluations; Describe the use of categorical determinations; and Explain the critical role of person-centered PASRR in performing evaluations and producing summaries of findings. 	<p>Speakers will explain the basics of PASRR, Level I Screens, Level II Evaluations, and categorical determinations. Speakers also will explain person-centered PASSR approaches in performing evaluations. The overall goal is to address national trends in PASRR and why they matter.</p>	<p>Edward Kako, Ph.D., M.Sc. has an M.Sc. in Community & Regional Planning from Temple University in Philadelphia and a Ph.D. in Psychology from the University of Pennsylvania. Kako, Senior Associate at Mission Analytics Group, has experience managing policy analysis, quality assurance, report writing, technical assistance, & strategic planning both as project director and as a task lead on various projects. His recent & current work has focused on approaches to rebalancing long-term care. Dr. Kako serves as Mission Analytics Project Director of the Preadmission Screening & Resident Review (PASRR): Technical Assistance to States project with CMS, which is designed to help states fulfill PASRR's promise to help individuals with mental illness and/or intellectual and developmental disabilities avoid inappropriate institutionalization. Dr. Kako also serves as Mission Analytics Project Director on the Home & Community-Based Services (HCBS) Technical Assistance contract, which is designed to provide technical assistance to states wishing to add or augment their community-based Medicaid-funded long-term services & supports. Dr. Kako also serves as Project Director for Mission's Balancing Incentive Program (BIP) – No Wrong Door contract with CMS. BIP is an Affordable Care Act initiative that provides incentives to states to rebalance their long-term care systems toward community-based services</p>	<p>1.5</p>

SPEAKERS	TITLE	LEARNING OBJECTIVES	DESCRIPTION	SPEAKER CREDENTIALS	HRS
<p>Durand Crosby, PhD, JD</p> <p>TIME: 11:00 am</p>	<p>BREAKOUT SESSION A – OPTION 2: Ethical Competency</p>	<p>Participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify basic principles of ethical behavior <ol style="list-style-type: none"> a. Discuss origins of ethical principles b. Discuss ethics codes and rules of various licensures, and develop understanding of underlying purpose for them. c. Distinguish between simply complying with the rules and adhering to truly ethical mindset 2. Identify causes for most ethical dilemmas, and how to recognize when ethical dilemmas exist 3. Develop appreciation of common ethical boundary issues when treating others, particularly the elderly. 4. Discuss ways to avoid ethic issues and resolve ethical dilemmas. 	<p>The speaker provides a overview of ethical competence, including the definition, policies, approaches to establishing ethical competence, and other elements of this professional practice.</p>	<p>Durand Crosby is the chief Operating Officer of Oklahoma Department of Mental Health and Substance Abuse Services. He received his Bachelor’s degree and Juris Doctorate from University of Oklahoma, and Ph.D. from Oklahoma State University. Mr. Crosby began his professional career with the San-Francisco-based law firm Morrison & Forester, working in the Commercial Litigation and Intellectual Property sections, and focus on complex litigation, antitrust, copyright and trademark law. Mr. Crosby also served as the General Counsel and as an Interim Executive Director before becoming Chief Operating Officer in 2007. He has drafted numerous pieces of legislation and served on various legislative subcommittees regarding Mental Health Law and Children’s Law. He also has written several articles on the mental health system, and provided numerous training to attorneys, judges, law enforcement officers and healthcare professional regarding ethics, employee engagement, customer service, creativity and innovation, and the confidentiality of behavioral health records. Dr. Crosby also was recently appointed to serve on the Oklahoma Broad of Licensed Social Workers.</p>	<p>1.5</p>

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<p>Barbara Speedling, BS</p> <p>Lee Hyer, PhD</p> <p>Edward Kako, PhD, MSc</p> <p>TIME: 1:30 pm</p>	<p>INTERACTIVE PANEL - <i>Making a Difference Where It Matters</i></p>	<p>Participants will be able to:</p> <ol style="list-style-type: none"> Describe the status of PASRR compliance in long term care relative to the impact on special needs populations and the remedies required to achieve and sustain quality care and quality of life. Describe the core components of a high-quality PASRR system. Describe the five core components of biopsychosocial care in outpatient settings, especially as applies to the mental health and older adults. 	<p>Panelists will address mental health and older adults with a focus on assessments instruments used for PASRR, PASRR compliance requirements for long-term care providers, and five core components of biopsychosocial care in outpatient settings.</p>	<p>Barbara Speedling, BS, is a New York based quality management consultant who provides education and training long-term care providers in the development of programs and services to meet a broad range of behavioral health needs.</p> <p>Dr. Lee Hyer has been involved with the phenomenology of older adults for almost 40 years. He is currently a Professor of Psychiatry at Mercer School of Medicine. Previous professorships have been at UMDNJ-Robert Wood Johnson and Rutgers and the Medical College of Georgia.</p> <p>Edward Kako, Ph.D., M.Sc. has an M.Sc. in Community & Regional Planning from Temple University in Philadelphia and a Ph.D. in Psychology from the University of Pennsylvania. Edward Kako, Senior Associate at Mission Analytics Group, has experience managing policy analysis, quality assurance, report writing, technical assistance, & strategic planning both as project director and as a task lead on various projects. His recent & current work has focused on approaches to rebalancing long-term care.</p>	<p>1</p>

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<p>Durand Crosby, PhD, JD</p> <p>TIME: 2:30 pm</p>	<p>BREAKOUT SESSION B – OPTION 2: Ethical Competency</p>	<p>Conference participants will be able to do the following:</p> <ol style="list-style-type: none"> 1. Identify basic principles of ethical behavior <ol style="list-style-type: none"> a. Discuss origins of ethical principles b. Discuss ethics codes and rules of various licensures, and develop understanding of underlying purpose for them. c. Distinguish between simply complying with the rules and adhering to truly ethical mindset 2. Identify causes for most ethical dilemmas, and how to recognize when ethical dilemmas exist 3. Develop appreciation of common ethical boundary issues when treating others, particularly the elderly. 4. Discuss ways to avoid ethic issues and resolve ethical dilemmas 	<p>The speaker continues the 3 hours session that focuses on ethical competence, including the definition, policies, approaches to establishing ethical competence, and other elements of this professional practice.</p>	<p>Durand Crosby is the chief Operating Officer of Oklahoma Department of Mental Health and Substance Abuse Services. He received his Bachelor’s degree and Juris Doctorate from University of Oklahoma, and Ph.D. from Oklahoma State University. Mr. Crosby began his professional career with the San-Francisco-based law firm Morrison & Forester, working in the Commercial Litigation and Intellectual Property sections, and focus on complex litigation, antitrust, copyright and trademark law. Mr. Crosby also served as the General Counsel and as an Interim Executive Director before becoming Chief Operating Officer in 2007. He has drafted numerous pieces of legislation and served on various legislative subcommittees regarding Mental Health Law and Children’s Law. He also has written several articles on the mental health system, and provided numerous training to attorneys, judges, law enforcement officers and healthcare professional regarding ethics, employee engagement, customer service, creativity and innovation, and the confidentiality of behavioral health records. Dr. Crosby also was recently appointed to serve on the Oklahoma Board of Licensed Social Workers.</p>	<p>1.5</p>

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Lila Starr, BA TIME: 4:15 pm	<i>Brag and Steal</i>	Starr will support the session attendees to: (a) identified effective strategies for addressing older adult mental health in at least 2-3 states across the country; (b) Identified linkages with PASRR for the strategies discussed; (c) identify effective partnerships implemented to support the work of addressing Older Adult mental health and Older Adult behavioral health workforce issues utilized by session participants; and (d) : Identify suggestions for policy focus and/or implementation for OPD as it moves into 2016 and beyond.	Starr will guide a review of effective screenings, treatment approaches, and collaborative partners among professionals working with persons with intellectual disabilities and mental health concerns.	Lila Starr has worked for the Iowa Department of Human Services for 30 years; has been a mental health specialist in the Division of Mental Health & Disability Services (MHDS) since 1999, & has held a variety of responsibilities including Adult Mental Health Specialist, Olmstead Coordinator, PATH Coordinator, & Disaster Mental Health Coordinator. She has managed a variety of contracts & projects in areas including adults with mental illness, other disabilities, & older adults. Ms. Starr created & managed the Iowa Peer Support Training Academy 2005 - 2014. Lila has served as the project manager for older adult mental health since 1999. She has served as Iowa's designee to the Older Persons Division of the National Association of State Mental Health Program Directors since 1999. Lila served as Chair of the Older Persons Division from 2009- 2010, 2013-2014, & is now serving a third term as Chair, through December 2016. Lila is the co-founder & creator of the Iowa Coalition on Mental Health and Aging, which launched in 2005 & has since grown to have over 500 members in Iowa & around the country. In November of 2011, Lila began her newest role as program manager for the Preadmission Screening and Resident Review program (PASRR), which meets federally mandated standards for mental health & disability screening for all persons who enter nursing facilities in Iowa. She oversees a contract with Ascend Management Innovations to implement PASRR in Iowa.	1

WELLNESS: BUILDING CAPACITY FOR TOMORROW'S OLDER ADULTS

Friday, September 25, 2015

7:15 a.m. – 4:00 p.m.

Oklahoma State University Tulsa
Tulsa, OK

SPEAKER	TITLE	LEARNING OBJECTIVES	DESCRIPTION	SPEAKER PROFILE	HRS
<p>Carol Ryff, PhD</p> <p>TIME: 8:30 am</p>	<p>KEYNOTE: Emerging Evidence of Wellness Among Older Adults: Results from a National Study (MIDUS)</p>	<ul style="list-style-type: none"> • Participants will be able to Describe the objectives of the MIDUS (Midlife in the U.S.) national study as well as the overall content and design of the study • Define the six aspects of psychological well-being that have been studied in MIDUS and understand which ones of them show vulnerability with aging. • Understand the diverse health benefits that have been associated with maintenance of high well-being in later life, including better cognitive function, reduced biological risk, reduced disease, and greater length of life. • Describe intervention strategies that are designed to promote greater well-being among community elders, including what specific skills are taught in such endeavors. 	<p>Although aging comes with notable challenges, many older adults show notable resilience in the face of the losses and difficulties that often accompany growing old. This presentation will summarize new findings from a national longitudinal study of aging, known as MIDUS (Midlife in the U.S.), that illustrates how many are able to maintain quality lives as they move across the later decades of life. For example, although some individuals show losses in well-being as they grow older, others remain purposefully engaged & socially connected. Among such individuals, MIDUS documents numerous benefits for their health -- i.e., they have better cognitive function, reduced profiles of biological risk, reduced risk of various diseases outcomes, and importantly, they live longer. Given such growing evidence of wellness among these aging individuals, interventions designed to promote well-being among elders in the community will also be briefly described. The overall message is that despite the difficulties many encounter in later life, much that is good remains. Further, active efforts to nurture aging strengths bodes well for continued maintenance of functional capacities needed to sustain high quality of life.</p>	<p>Carol D. Ryff is the Director of the Institute on Aging & Hilldale Professor of Psychology at the University of Wisconsin-Madison. Her research centers on the study of psychological well-being, an area in which she has developed multidimensional assessment scales that have been translated to more than 30 different languages & are used in research across diverse scientific fields. More than 500 publications have been generated using her scales of well-being. Investigations by Dr. Ryff & colleagues have addressed how psychological well-being varies by age, gender, socioeconomic status, ethnic/minority status, and cultural context as well as by the experiences, challenges, and transitions individuals confront as they age. Whether psychological well-being is protective of good physical health is also a major interest, with ongoing longitudinal investigations linking positive psychosocial factors to a wide array of biomarkers (neuroendocrine, immune, cardiovascular) as well as to neural circuitry. A guiding theme in much of this inquiry is human resilience – i.e., how some individuals are able to maintain, or regain, their well-being in the face of significant life challenge & what neurobiology underlies this capacity.</p> <p>Dr. Ryff has generated over 200 publications in the areas described above, and she currently directs the MIDUS (Midlife in the U.S.) longitudinal study, which is based on a large national sample of Americans, including twins. Funded by the National Institute on Aging, MIDUS has become a major forum for studying health and aging as an integrated biopsychosocial process. She is also Principal Investigator of MIDJA (Midlife in Japan), a parallel to the MIDUS investigation, for which she received an NIH Merit Award.</p>	<p>1 hr</p>

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Cynthia Zubritsky, PhD TIME: 9:30 am	SPECIAL SESSION: Certified Older Adult Peer Support (COAPS): A “New” Tool for Addressing the Workforce Shortage. One State’s Model	Participants will be able to: <ol style="list-style-type: none"> a. Describe the need for older adult behavioral health services; b. Describe the Certified Older Adult Peer Specialist Program; and c. Strategize the use of COAPS in the older adult workforce. 	Mental illness affects increasing numbers of older adults each year: over 20% in the community; 37% in primary care; and 500,000 each year in nursing homes. Building on the growing body of evidence demonstrating the benefits of services delivered by peer providers in health care, the Pennsylvania Certified Older Adult Peer Specialist (COAPS) program was developed as a training and internship workforce development program to address older adult behavioral health and wellness issues. COAPS prepares a peer workforce to meet the health and wellness needs of older adults with behavioral health disorders across the spectrum of community-based and residential services.	<i>Cynthia D. Zubritsky</i> is the Director of Policy Research for the Center for Mental Health Policy and Services Research at the University of Pennsylvania. She has extensive experience in management and organizational services issues in integrating primary care, behavioral healthcare and aging systems, and is the architect of Pennsylvania’s Certified Older Adult Peer Specialist program. Dr. Zubritsky is a Senior Fellow at the University of Pennsylvania’s Institute on Aging, the Leonard Davis Institute for Health Economics, the University of Pennsylvania’s Center for Public Health Initiatives, and the University of Pennsylvania’s Minority Aging Research Center.	1

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<p>Edward T Kako, PhD</p> <p>Andrea Womack, MA</p> <p>Rita McCabe, MSW, MPHA</p> <p>TIME: 11:00 am</p>	<p>BREAKOUT SESSION A – OPTION 1: Using Data to Move PASRR Forward</p> <p>Consultation Time from 12:00 to 12:30</p>	<p>Participants will be able to: (a) describe the data used for program operations monitoring and management; (b) discuss data needed for quality monitoring and management; and (c) outline data for program and service planning</p> <p>Participants also will be able to describe: (a) why California moved from a paper based system to an automated system; (b) how the automated system functions; & (c) the benefits of the new automated system. Session attendees also will be able to: (a) describe the overall process of funding and planning the system and (b) explain the lessons learned for the process.</p>	<p>Womack explains the benefits of using PASRR data for program monitoring, quality improvement, and resource planning efforts.</p> <p>McCabe describes the transition to an automated system, its functions, & related benefits. She also describes process of funding & planning, closing with lessons learned.</p>	<p>Dr. Kako is the Director of Operations and a Senior Associate at Mission Analytics Group. Dr. Kako has experience managing policy analysis, quality assurance, report writing, technical assistance, and strategic planning, both as project director and as a task lead on various projects. Dr. Kako’s recent and current work has focused on approaches to rebalancing long-term care. Currently Dr. Kako serves as Mission Analytics Project Director of the Preadmission Screening and Resident Review (PASRR): Technical Assistance to States project with CMS (under subcontract to Truven Health Analytics), which is designed to help states fulfill PASRR's promise to help individuals with mental illness and/or intellectual and developmental disabilities avoid inappropriate institutionalization.</p>	<p>1</p>

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<p>Todd Brockman, MD</p> <p>TIME: 11:00 am</p>	<p>BREAKOUT SESSION A – OPTION 2:</p> <p>Vision Care, Overall Well-being, and Quality Services for Older Adults</p>	<p>Conference participants will be able to: (a) explain their basic understanding of the common forms of visual impairment in the US and their treatment; (b) describe the link between visual impairment and mobility; and (c) explain the relationship between visually impaired mobility and mental/physical health.</p>	<p>The Speaker will describe major vision impairments experienced by older adults, the best treatment approaches, and the influence vision impairments have on the patient’s wellness.</p>	<p>Todd Brockman, MD, is a board certified ophthalmologist who has practiced in Tulsa for 29 years. He received his undergraduate degree from Texas Christian University and his MD from the University of Texas in Houston. Dr. Brockman is immediate past president of the Oklahoma State Medical Association & served two terms as chairman of the Oklahoma State Medical Association Board of Trustees. Brockman is a past president of the Tulsa Surgical Society and the Tulsa County Medical Society. Dr Brockman is a clinical professor of ophthalmology at the University of Oklahoma College Of Medicine-Tulsa. His practice focus on cataract surgery and glaucoma results in a largely geriatric patient population.</p>	<p>1</p>

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<p>Carol Ryff, PhD</p> <p>Cynthia Zubritsky, PhD</p> <p>Todd Brockman, MD</p> <p>Jimmie McAdams, DO</p> <p>TIME: 1:30 pm</p>	<p>INTERACTIVE PANEL: Bridging Science and Practice: Caring for Older Adult’s Mental and Physical Health</p>	<p>Participants will be able to: (a) Describe why efforts to maintain high psychological well-being in later life are important and define the goals of intervention efforts designed to promote well-being among the elderly; (b) describe how older adult peer specialists’ expertise enhances integrated whole health programs for older adults; (c) describe why efforts to maintain high psychological well-being in later life are important and define the goals of intervention efforts designed to promote well-being among the elderly; and (d) describe major vision impairments among older adults and the relationship of clinical services, optical counseling, & optical devises on overall well-being. Describe why efforts to maintain high psychological well-being in later life are important and define the goals of intervention efforts designed to promote well-being among the elderly</p>	<p>Panelists will describe the complexities of psychological wellbeing and best practices needed to promote the wellness of older adults.</p>	<p>Please find the biographical sketches of Dr. Carol Ryff, Ms. Cynthia Zubritsky, and Dr. Todd Brockman above.</p> <p>Jimmie McAdams: For the past 15 years, Dr. McAdams has been a psychiatrist for Laureate Psychiatric Clinic and Hospital. Since the inception of Laureate’s Senior Behavioral Health program 12 years ago, he has held the position of Medical Director. Prior to his move to Tulsa, OK, Dr. McAdams was the Medical Director for geriatric psychiatry for Saint Anthony Health Care System in Oklahoma City, Ok. He proudly sits on the Alzheimer’s Association Medical Scientific Committee. In 2014, Dr. McAdams was designated Distinguished Fellow of the American Psychiatric Association.</p>	<p>1</p>

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<p>Cherie Bledsoe, MBA</p> <p>Koleen Garrison, MA</p> <p>TIME: 3:00 pm</p>	<p>BREAKOUT SESSION B – OPTION A:</p> <p>Trauma Informed Care Kansas’s Approach to Trauma Informed Care</p>	<p>Participants will be able to (a) explain the effects of trauma in long-term health concerns, including mental health; (b) identify benefits of Trauma-Informed Care.; and (c) identify possible ways to create/improve Trauma-Informed services for older adults.</p>	<p>Speakers will discuss trauma-informed care and the possible effects of trauma in the lives of people with mental health concerns from the standpoint of those who have experienced trauma and mental health issues. Trauma, even childhood trauma, can affect how people respond to their circumstances and the people around them throughout our lives. If the systems of care are trauma-informed and trauma sensitive then people receiving the care can be better served and the occurrence of more trauma reduced or eliminated for both those receiving services and agency staff.</p>	<p>Cherie Bledsoe is the Assistant Director of the Kansas Consumer Advisory Council for Adult Mental Health and serves as Executive Director of a peer-run center in Kansas City, Kansas. Cherie is a trauma survivor and a trauma champion in sharing knowledge to create communities that are trauma informed. Cherie is an active voice at the local, state, and national levels. Cherie is a member of the Governor’s Behavioral Health Services Planning Council.</p> <p>Koleen Garrison lives in Great Bend, Kansas and works for the Kansas Consumer Advisory Council for Adult Mental health, Inc., a non-profit organization run by and for people who receive, or have received mental health services. In her current position as Leadership Academy Coordinator, she facilitates learning experiences for other consumers utilizing some skills she acquired while earning her BA and MA degrees in elementary and Special Education. She enjoys reading, and relaxing with friends and her two cats.</p>	<p>1 hr</p>

SPEAKER	TITLE	LEARNING OBJECTIVES	DESCRIPTION	SPEAKER CREDENTIALS	HRS
<p>Syralja Griffin, MA, LPC-S</p> <p>Colleen Boltman, RN, CPUR</p> <p>TIME: 3:00 pm</p>	<p>BREAKOUT SESSION B – OPTION B: Transitions in Care, Magellan Health Care</p>	<p>Conference participants will be able to: (a) define transitional care; (b) identify at least four best practice transitional care activities; (c) identify two person-centered approaches to transitional care; and (d) describe how PASRR recommendations impact diversion and transition activities.</p>	<p>Care Transitions represent one of the greatest challenges, & opportunities, for healthcare professionals serving the geriatric & long-term care populations. Speakers will define & identify best practices of care transition that address these challenges & positively impact safety & quality of care. Provider & payer collaboration to ensure a systematic, person centered approach for assessment & discharge planning for persons with behavioral health disorders will be discussed. Discharge planning tools, needs assessments, including PASRR recommendations, care coordination, community supports, & peer engagement are essential in identifying diversion opportunities & supporting successful transitions from long-term care into the community.</p>	<p>Colleen Boltman, received her Bachelor of Science in Nursing from Mercy College of Detroit & is the General Manager for Magellan Healthcare serving Medicaid & other public sector programs in various states. Boltman is a registered nurse with 25 years of administrative and leadership experience in long term care, including nursing home implementation of the 1987 Omnibus Reconciliation Act (OBRA), acute care, utilization management, care management & Medicaid program management for PASRR, personal care programs & other government funded services. In her current role, she assisted in the implementation of the first fully integrated specialty health plan, serving the seriously mentally ill population & integrating physical and behavioral health. This included the development of employee training for discharge & transition planning that incorporates PASRR recommendations into the person-centered plan of care. Boltman brings experiences with account management for state contracted Medicaid programs inclusive of the utilization management-medical, behavioral, community-based care, adult day health care, durable medical equipment, home health, hospice, dental, PASRR I, II & level of care programs, and more. Boltman has over eleven years of Long Term Care experience; Director of Nursing in profit & non-profit organizations; regional consultant for at risk nursing facilities; OBRA implementation & compliance; superior annual state survey results & quality of care initiatives; & 1915i Medicaid program</p> <p>Syralja Griffin received her MA from Louisiana Tech University & a BA from Centenary College Louisiana, Shreveport, LA. Ms. Syralja Griffin is the Director of Clinical Services for Magellan Healthcare, in Baton Rouge</p>	<p>1.0</p>

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SPEAKER	TITLE	LEARNING OBJECTIVES	DESCRIPTION	SPEAKER CREDENTIALS	HRS
<p>Eugene Hoyt, MD, JD</p> <p>Nancy Van Winkle, PhD, Moderator</p> <p>Dan Timmel, BS, LCSW</p> <p>Edward Kako, PhD</p> <p>Betty Ferdinand &/or Brandon Sturgill</p> <p>Lila Starr, MA or Kenneth Jones, MS</p> <p>TIME: 4:00 pm</p>	<p>CLOSING & CALLS TO ACTION</p>	<p>Participants will be able to identify key concepts, established practices, and content needed to enhance the wellness of older adults, persons with intellectual disabilities, and individuals with intellectual disabilities.</p>	<p>Recap of the content over the two-day conference.</p>	<p>Please find the previously noted credentials of Drs. Hoyt and Kako, Ms. Starr, and Mr. Timmel.</p> <p>Nancy Van Winkle, Ph.D. is a sociologist who has been on the faculty of OSU Center for Health Sciences for 24 years. She has taught a variety of courses for OSU dealing with such issues as aging, death and dying, multicultural health, and interviewing skills for medical students. She helped establish the OSU branch of the Osher Lifelong Learning Institute in Tulsa. Currently, Dr. Van Winkle is the Director of the Senior Mentor Program and a coordinator of the Geriatric Focus Course at OSU College of Osteopathic Medicine.</p> <p>Kenneth Jones is a native of Oklahoma and is a Licensed Professional Counselor. He has worked in the mental health field for over 20 years. Throughout his career he has advocated on behalf of children, adolescents, adults and older adults. Kenneth has an Associate's of Art's Degree in Liberal Arts, a Bachelors of Science Degree in Psychology and received a Master's Degree in Counseling Psychology from Southern Nazarene University. He also recently received a certificate for completing a course in Gerontology from the University of Texas. He has a wide variety of experience working for private mental health agencies, his own individual practice and for the State of Oklahoma. Kenneth currently serves as the aging specialist for the Oklahoma Department of Mental Health and Substance Abuse Services.</p> <p>Betty Ferdinand, BA, MS has provide professional, technical and programmatic support for profit and not-for-profit programs in a four-state area. She has held positions include Director of Projects, Director of Assisted Living, Director of Fundraising Opportunities, Quality Improvement Coordinator, and Consultant (for a federally funded technical assistance team) Ferdinand's duties include development and implementation of policies, procedures and operational infrastructure; strategic planning, evaluation and monitoring to meet multi-state program compliance requirements; interpretation and application of quality assurance standards, law and regulations; development and management of projects and events; management of fundraising opportunities; development and delivery of training; development and management of grants and other contracts , and provision of professional</p>	<p>1 hr</p>

				<p>and technical resources. Her current certification in Nebraska and Kansas as an Assisted Living Administrator, with specialty in memory care in Kansas. Ferdinand's special positions include Chair of the National Association of PASRR Professionals, and liaison with the National Association of State Mental Health Program Directors/Older Persons Division</p>	
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